



## *Editor's Note*

Dear Residents, Families, and Friends.

As we turn the page on another season, it's heartwarming to reflect on the past three months here at the Maronite Sisters Village. We've shared so many special moments together—whether it was celebrating birthdays, enjoying a gem of Bingo, coffee with friends, or gathering for music, card games and crafts. The laughter, stories, and friendships continue to remind us of the strong sense of community we're proud to foster here.

Our dedicated staff have also been working hard to create engaging programs and thoughtful care, making every day a little brighter. A special thank you to all the family members who have given their time and love—you help make our home truly feel like family.

Looking ahead, we're excited for the season to come. Spring brings brighter activities like bus outings, happy hour, garden games and painting sessions. We're also preparing for some wonderful events, including our annual Melbourne Cup day, Lebanon Independence day and Christmas party celebrations.

Keep an eye on the calendar and Family board for dates and details!

Thank you for being part of our community.

As always, we welcome your feedback, stories, and suggestions—this newsletter is for you.

With warm regards.

***Raquel Podesta***

*(Diversional Therapist/Editor)*

# NAIDOC Week Art Activities





# Birthday Celebrations



# HAPPY RETIREMENT

## “End of a Chapter”

Farewell To Mary, after 17 years of service here at the Maronite Sisters Village Your presence, gentleness and kindness will be dearly missed



# Cozy “Winter” Activities & Scrumptious Morning and Afternoon tea!



*Our residents enjoy different types of activities of personal choice: Nail care, sitting and enjoying a warm cup of coffee with fresh fruits/cakes and other sweet delights created by our own cooks. Other activities included are Bingo and Sensory games...just to name a few.*



# Notice Board

## Regular Events

- ❖ Memory games weekly in each village at 11am
- ❖ Bus outings every two weeks from 10am to 12noon
- ❖ Happy Hour every Friday at 2pm
- ❖ Mass weekly V1 at 11am (in dining room) and Daily in V2 at 9:30am (in GF chapel)
- ❖ Bingo 2 x weekly V1 Monday and Thursday at 11am  
V2 Monday L1 and Friday GF activity area both at 11am

## Hairdresser and Podiatrist services

We have a hairdresser who attends every 6 weeks for two days in each village:

V1 in the 'Quiet area' from 9am-4pm.

V2 in the GF lounge room from 9:30 am to 4pm

Podiatrist also attends every 6 weeks.

If you would like an appointment with either of these services, please ask a staff member to write your name down in our communication book.

## Library Service

We have a mobile library service from Marrickville local library that delivers & picks up library books to residents once a month. Please talk to activity staff members for more information!

## Continuous Improvements

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions, compliments and complaints.

There are feedback forms available outside the care managers office in V1 and in the entrance foyer near the family noticed display board in V2.

We are happy to receive feedback, suggestions and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can in providing good and efficient services to our residents.

# Notice Board



## New residents

A very warm welcome to our New Residents in V1 & V2, we hope you enjoy your stay here with us.



## In Memoriam

To the families and friends of our late residents - may you be comforted by the knowledge that your loved ones are resting in peace.



## New Staff

Welcome to all those new recruits that joined our team in the past few months!

We hope you enjoy your new journey - we are happy to have you here with us.



## "October Trivia"

Did You Know that October was the 8th month in the Roman calendar, named from the Latin word 'Octo' meaning eight. Later, January and February were added, moving October to the 10th month.



# Upcoming Events



1st International Coffee Day  
29th Turkish Independence Day



1st & 2nd all Souls and all Saints Day  
5th Melbourne Cup Day  
11th Remembrance Day  
22nd Lebanon Independence Day



1st Portugal Independence Day  
10th V1 Residents Christmas Party  
17th V2 Residents Christmas Party  
25th Christmas Day  
31st New Years Eve

## Happy Birthday Sr. Louise!

Your dedication and gentle presence are a light to many of us.

May you continue to walk in God's Favor, surrounded by His love and the love of all who cherish you.

With heartfelt prayers and warm wishes

*Maronite Sisters Management, Staff and Residents*



## Words of wisdom

by Khalil GIBRAN

(American Lebanese Painter, Sculptor, Poet & Philosopher)

بَيْنَ مَنْطُوقٍ لَمْ يُقْصَدِ  
وَمَقْصُودٍ لَمْ يُنْطَقْ  
تَضِيْعُ الْكَثِيْرُ مِنَ الْمَحَبَّةِ

Between what is said and not meant  
And what is meant and not said  
Most of love is lost.

جبران خليل جبران  
Gibran Kahlil

## Featured Poetry

English Translation/Meaning:

Serene, the night became, as it settled  
And in the cloak of calmness, dreams were hidden.  
The full moon expanded  
and watched over us, as the days past  
Listen to the nightingale amidst the fields pouring out melodies  
In a space where, the hills blew in, the breathe of sweet basil

-Khalil Gibran

In Arabic:

سَكَنَ اللَّيْلُ وَفِي ثَوْبِ السَّكُونِ .. تَخْتَبِي الْأَحْلَامُ  
وَسَعَى الْبَدْرُ وَاللَّبْدِرُ عَيْوُنَ .. تَرْضُدُ الْأَيَّامُ  
إِسْمَعِي الْبُلْبُلَ مَا بَيْنَ الْحُقُولِ .. يَسْكُبُ الْأَلْحَانَ  
فِي فِضَاءٍ نَفَحَتْ فِيهِ التَّلْوَلُ .. نَسَمَةُ الرِّيحَانِ  
خليل جبران-

# BUILDING UPDATE

We wish to inform you that scheduled maintenance works to the heritage boundary wall at the Maronite Sisters of the Holy Family Village 1 that commenced on July 21<sup>st</sup>, 2025, and were expected to be completed by September, have been delayed due to the wet weather and will continue through to October.

These works are important to ensure the long-term presentation of the heritage wall which forms part of the Village's boundary.

Key details of the works are as follows:

- **Working Hours:** Monday to Friday: 7:00am to 6:00pm and Saturday: 8:00am to 1:00pm in accordance with Inner West Council Heritage Exemption Certificate.

Key Considerations for Residents and Families:

- **Resident Safety:** The safety of our residents remains our top priority. All gates around the work area will remain secured and supervised at all times when in use.
- **Restricted Access:** There will be no access permitted to the construction area by residents, visitors, or unauthorised staff this will be secured by use of temporary construction fencing and signage.
- **Emergency Access:** Ambulance access to the facility will be maintained at all times.
- **Noise & Disruption:** While some construction noise is expected, we have requested that noisy activities be minimised where possible, particularly during sensitive times.
- **Contractor Conduct:** The contractor, Rogers Construction Group, has committed to strict site conduct policies and protocols for the delivery of these works. There will also be no access permitted by the contractor or their subcontractors to within the buildings.



**A NEW ERA**

**Aged care  
reforms**  
—  —

**A NEW ERA**

**New Age Care Reform & Regulation Model has been  
postponed from July to November 2025**

**We have entered a New Era in Aged Care & We are READY for the  
Transition!**

**The aged care reforms in 2025 will include several significant changes:**

- **New Aged Care Act:** A new Aged Care Act set to be introduced on 1st July 2025 has now been moved to 1st November 2025, which will set out how the aged care system operates and prioritize the rights of the older people.
- **Quality Standards & Regulatory Model:** Strengthened Aged Care Quality Standards and new Regulatory Model will be implemented alongside the new Act.
- **Wage Reforms:** There will be a wage increase for aged care workers and nurses, aimed at improving the workforce conditions.
- **Increase Government Funding:** The government will provide additional funding for residential aged care accommodation to enhance services.

**These reforms are part of a broader effort to improve the quality and accessibility of aged care services in Australia**

**Our facility is already working to prepare for these changes. Policies are being reviewed and updated, and education sessions have started and will be on-going for all staff to ensure everyone understands the new expectations and responsibilities under these new reforms.**