

Editor's Note

Welcome to this month's edition of our Newsletter!

We're excited to share updates, stories, and highlights from our Maronite community. This newsletter reflects the heart and soul of our home—our residents, staff, and families. Each issue is an opportunity to celebrate the connections we foster and the wonderful lives we continue to enrich together.

In this edition, we spotlight some of the newly added activities which are bringing joy and warmth to our residents. From engaging events to memorable moments, it's a reminder of the vibrant atmosphere we work to nurture every day.

We want to extend our deepest gratitude to our dedicated staff, for your unwavering commitment, compassion, and exceptional care. Your efforts truly make this care facility feel like family and a home.

As always, thank you to all the visitors, families and carers for being part of our Maronite family. We look forward to continuing this journey together and sharing more stories, updates, and celebrations in future newsletters.

Stay safe and Happy.

Warm regards,

Raquel Podesta (Diversional Therapist)

New Introduced Outdoor Game in V1

“Jumbo Connect-4”



Our jumbo Connect Four game is a fantastic way to bring fun, mental stimulation, and social interaction

to our residents.

This game can be enjoyed out on the patio or indoors.



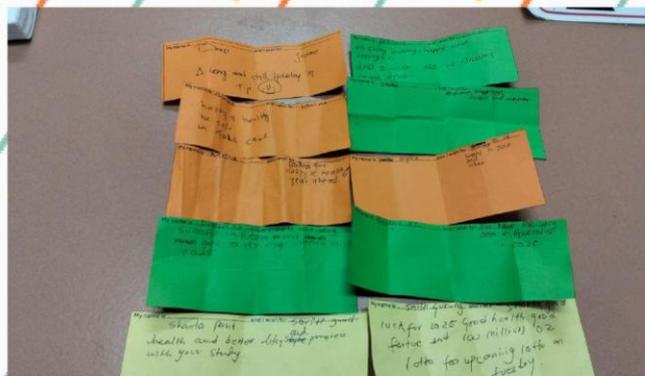
V1 & V2 Staff

Sharing Moments of Fun and Meditation

Our HR Officer, Josiane, creates monthly special moments and scenarios where workers find balance between their work responsibilities and moments of relaxation or mindfulness. This is a powerful way to boost productivity, help reduce stress and foster a more positive work environment.

"A huge Thank You to Josiane for all the thoughtful ideas and initiatives you bring to make the workplace brighter! Your commitment to ensuring our well-being, creating moments of fun, and promoting mindfulness doesn't go unnoticed.

Keep up the amazing work in making sure our team stays happy and connected!"



Happy Birthday Hamid

Happy Birthday to an incredible man, Hamid! Wishing you a year full of success, happiness, and unforgettable moments.

May today be as amazing as you are!



CONGRATULATIONS TO LEBANON ON THE ELECTION OF ITS NEW PRESIDENT!

Joseph AOUN

THIS MARKS A SIGNIFICANT MOMENT FOR THE COUNTRY

AS IT MOVES FORWARD WITH NEW LEADERSHIP.

WISHING LEBANON STABILITY, PEACE, AND PROSPERITY

UNDER THE NEW PRESIDENT'S GUIDANCE.



Valentines Day V1

You can look anywhere and everywhere, but you will never find love that is purer and encompassing of everything that God's love.



Valentines Day V2

Love

Love is patient and kind

It doesn't envy or boast

and it's never proud,

Love is not rude or selfish,

It doesn't get angry easily,

Or keep track of wrongs.

Love doesn't delight in bad

Things but it rejoices in the truth.

Love always protects, trusts, hopes and perseveres.

Love never fails.

(St. Paul to the Corinthians)



Laughing Matters

Survival of the fittest

Two lawyers walking through the woods spotted a vicious looking bear.

The first lawyer immediately opened his briefcase, pulled out a pair of sneakers and started putting them on.

The second lawyer looked at him and said, "You're crazy! You'll never be able to outrun that bear!"

"I don't have to," the first lawyer replied. "I only have to outrun you."

Short Joke

A man tells his doctor,

"Doc, help me, I'm addicted to Twitter!"

The doctor replies,

"Sorry I don't follow you..."

Absconding in Old Age

I think more about running away now than I did as a child

But by the time I put my teeth in,

I put my glasses on and find my keys

I forget why and where I'm going....

Stranger

"A guy knocked on my door today

And asked for a small donation towards the local swimming pool,

So, I gave him a glass of water."

Computerised

The older I get, the more I have in common with computers,

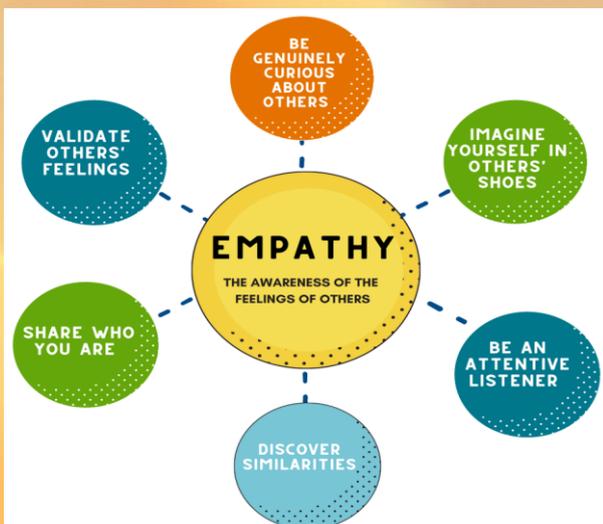
We both start out with lots of memory and drive, then we become outdated, crash unexpectedly,

and eventually must have our body parts replaced!!

Working in aged care can be incredibly rewarding, though also challenging.

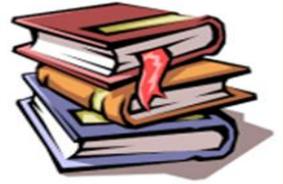
Here are a few things to ponder upon:

1. **Empathy is Key** – The heart of caregiving is compassion. Listen, understand, and connect with your clients. Sometimes, a kind word or a gentle touch is more powerful than anything else you can offer.
2. **Patience Goes a Long Way** – It's normal to face frustrations but remember that those in your care may be experiencing confusion or pain. Take a deep breath and show kindness, even when it's hard.
3. **Self-Care is Vital** – You can't pour from an empty cup. Make sure to prioritize your well-being, physically and mentally. Rest, recharge, and seek support when you need it.
4. **Celebrate the Small Wins** – Every positive interaction or improvement, no matter how small, is a victory. Acknowledge the impact you're making on someone's life.
5. **Learn Every Day** – Every person you care for has a unique story, and every day is an opportunity to learn something new. Keep an open heart and mind.
6. **You Make a Difference** – Even if it doesn't always feel like it, your role matters more than you might realize. You're contributing to someone's dignity, comfort, and quality of life.
7. **Adaptability is Strength** – Things don't always go as planned. Flexibility in your approach allows you to respond to the needs of your clients in the best way possible.
8. **Teamwork Makes a Difference** – You don't have to do it all alone. Lean on your colleagues and share the load. Together, you can provide the best care.



Word Search

BOOK TITLES



A N S A Q P Q F C T K H F M
F M W Z H O P R J D M E P I
W E M M A L E A P Y G I Y E
P T R U M L R N L I C D G M
M A E L M Y S K O V I I M I
A M B Y A A U E L A N S A D
T O E S T N A N I N D G L D
O R C S I N S S T H E R I L
N P C E L A I T A O R A O E
E H A S D Y O E C E E C N M
M O K I A I N I Q Q L E R A
E S T E P P E N W O L F P R
N I G X D R A C U L A K F C
T S F A U S T C A R R I E H

Metamorphosis

Heidi

Middlemarch

Emma

Dracula

Ivanhoe

Pygmalion

Lolita

Disgrace

Rebecca

Steppenwolf

Carrie

Ulysses

Cinderella

Frankenstein

Matilda

Pollyanna

Persuasion

Atonement

Faust

Poem

The Garden

Anonymous.

**The garden is the place I go,
To let my heart and spirit grow.
Amidst the flowers, soft and bright,
I find my peace, my soul's delight.
The buzzing bees, the singing birds,
Speak nature's love without mere words.
Each leaf and petal, green and fair,
Whispers joy beyond compare.
The garden's beauty, calm and deep,
Lulls my worries fast asleep.
For in this haven, pure and free,
The world and I find harmony.**

Resting and Reading Time



Painting is a Perfect Metaphor for Life

Life inevitably comes with challenges we must work through,
But sometimes we need a mental escape. Time to step away and reflect,
Rejuvenate and relax.

Residents at the Maronite Villages are given the chance to express their
creativity in different ways, and painting is just one of them.



NINE LETTER WORD PUZZLE

Can you find the 9-letter word in this puzzle?

A	I	E
L	V	N
T	N	E

Word: _____

Upcoming Events

April

- *13th Palm Sunday
- *17th Holy Thursday
- *18th Good Friday
- *19th Holy Saturday
- *20th Holy Sunday
- *21st Easter Monday
- *25th ANZAC Day

May

- *Month of Mary
- *Mother's Day

June

- *Month of Jesus

Ongoing Events

*Weekly Bus outings, *Hairdresser, *Bingo, *Coffee Shop, *Arabic Mass, *Roman Catholic Mass, *Rosary, *Jumbo connect 4, *Floor Bowls games, *Birthday parties, *Brain teasers, *Students visits and concerts, *Art & Craft sessions, *Exercises, *garden Activities....and many more.

19th February 2025

Visit From

Bishop Joseph Mouawad





Student visits at the Maronite Sisters Village:

These visits create a win-win scenario where both generations benefit, and they foster a more compassionate, and understanding connection with the outside community.

Here are some of the key advantages this program can offer.

- *Community Engagement
- *Intergenerational Connections, bridging the generation Gap
- *Enhance Empathy and compassion
- *Improve Elderly Well-being by allowing them to express and share their life experiences
- *Mentally and Emotional benefits and increase much needed SOCIAL interaction
- *Cultural Exchange and Learning.

Regular interaction with younger people can help reduce feelings of isolation and even improve cognitive function in some cases. For the students, Students often feel a sense of fulfilment and purpose from giving back to the community and engaging in meaningful volunteer work.

“Happy Birthday”
Mrs Dorothy Marsh
On your 101 Glorious Years!!



Introducing

V1 & V2

*Residents Advisory Body Advocate for
2025*

Mrs Olivia Bobb

Mr Hamid Kandalaft



“May God Bless Your Path Through This Journey”



Allied health professionals provide a broad range of diagnostic, technical, therapeutic and direct health services to improve the health and wellbeing of our residents.

Our professionals are:

Pharmacist

Optometrist

Dietitian

Australia Hearing

Speech Therapy

ACOP (Aged care Onsite Pharmacy)

Physiotherapy

EWOP (Emotional Wellbeing for Older Person)

Diversional Therapy

DSA (Dementia Support Australia)

Radiographer

Podiatrist

CNC (Clinical Nurse Consultant)

Access Care Team & Palliative Care

Allied Health professionals provide a range of diagnostic, preventive, therapeutic, and rehabilitative services in connection with health care.

They are also involved in evaluation, dietary and nutrition services and health systems management.

Diversional Therapy it's the only Allied Health profession operating through the medium of leisure - in all its forms. It involves both individual and group practice.



Maronite Sisters now has access to Residents E-Health records through My Health Record.

My Health Record is a safe and secure place to keep key health information.

It provides an online summary of information allowing better and faster access to pathology and diagnostic imaging reports along with other key health information like immunisations, prescription and dispensing information, hospital discharge summaries and more, all in one place. This allows our nurses to access information quickly and act accordingly.

There are processes, technologies, policies, and legislation in place to ensure the My Health Record system is safe, secure and confidential.





The Maronite Sisters of the Holy Family Village

28 Marrickville Avenue, Marrickville NSW 2204 Village 1

208 Wardell Road Dulwich Hill NSW 2203 Village 2

Rooms and Pricing Update

Our Rooms have changed from Three types to Four.
Below is a list of rooms and pricing.

Single Room + Private Ensuite	\$ 500,000.00	\$250,000.00
Single Room + Shared Ensuite	\$450,000.00	\$225,000.00
Shared Room + Private Ensuite	\$400,000.00	\$200,000.00
Shared Room + Shared Ensuite	\$350,000.00	\$175,000.00

For more information, please do not hesitate to
contact the facility.

Phone: 9558 2115

Email: info@maronitevillage.com.au



Jubilee of the Sick & Health Care Workers

Dedicated to those who have lived for more than 100 glorious Years

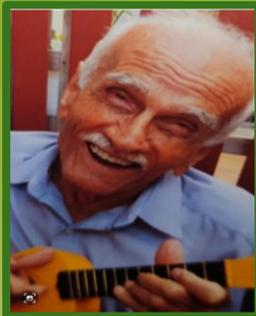
Saturday, 5th April 2025

Congratulations to:



Mrs Dorothy MARSH

Born in Yenda NSW Australia, on the 25th of March 1924



Mr Wadiah KAIRUZ

Born in Lebanon on the 20th of March 1921

Jubilee of the Sick & Health Care Workers

Dedicated to those who work tirelessly to care for others

Saturday, 5th April 2025

Congratulations to:

*Beata Gornik & Noel Marquez for their over 25 years of services
at the Maronite Sisters Village*





Jubilee of the Sick & Health Care Workers

Maronite Sisters Village Jubilee Celebration

*With His Excellency Bishop Antoine-Charbel Tarabay, Fr Youssef Elias and
Monsignor Emmanuele*

Saturday, 5th April 2025



A NEW ERA

Aged care
reforms



A NEW ERA

New Age Care Reform & Regulation Model will begin July 2025

We have entered a New Era in Aged Care & We are READY for the Transition!

The aged care reforms in 2025 will include several significant changes:

- **New Aged Care Act:** A new Aged Care Act will be introduced on the 1 July 2025, which will set out how the aged care system operates and prioritize the rights of the older people.
- **Quality Standards & Regulatory Model:** Strengthened Aged Care Quality Standards and new Regulatory Model will be implemented alongside the new Act.
- **Wage Reforms:** There will be a wage increase for aged care workers and nurses, aimed at improving the workforce conditions.
- **Increase Government Funding:** The government will provide additional funding for residential aged care accommodation to enhance services.

These reforms are part of a broader effort to improve the quality and accessibility of aged care services in Australia

In our recent Staff Compulsory meeting 16/04/2025 Sister Elham our CEO highlighted the shift from the previous Accreditation model to a registration model, meaning aged care providers will now be subject to more frequent and detailed evaluations.

The focus will extend beyond providers and include individual workers, who will be expected to meet specific training and compliance requirements.

Audits will now be data-driven, based on identified risks, complaints, and quality indicators.

Our Village is already working to prepare for these changes. Policies are being reviewed and updated, and education sessions have started and will be ongoing for all staff to ensure everyone understands the new expectations and responsibilities under these new reforms.

FLU VACCINE IS HIGHLY RECOMMENDED for all staff working at the Village for the protection of our residents and all stakeholders. Staff Flu vaccine administration was provided free of charge to the staff and completed on 29/04/2025.

Quality.

It's everybody's responsibility

Looking always for best practice

