

## Editor's Note

As winter settles around it's a season that calls for both reflection and renewed dedication to the wellbeing of our residents. The colder months can bring unique challenges—from the increased risk of illness to feelings of isolation that may arise when days are shorter and the weather less inviting.

Our team remains committed to ensuring that every resident feels safe, warm, and cared for. We will be offering more cozy indoor activities and closely monitor their health to prevent and respond quickly to any seasonal illnesses.

This time of year, also brings an opportunity to create warmth in other ways—through shared stories, laughter, music, and comforting meals. We encourage families and loved ones to visit when they can and stay away when feeling unwell or experiencing flu-like symptoms. These small gestures can be significant in preventing the spread of colds/flu and will further help us keep our residents safe and in good spirits.

Thank you for trusting us with your loved ones. Together, we'll make this winter a time of comfort, connection,

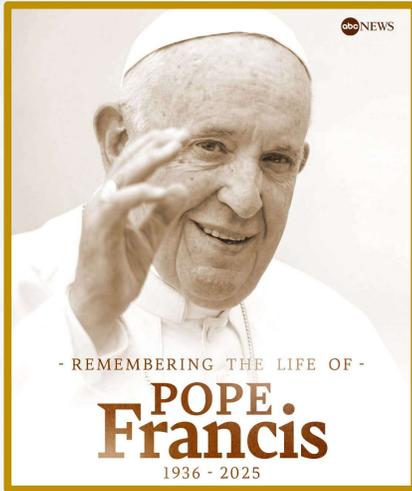
and continued care.

Warm regards,

**Raquel PODESTA**

Diversional Therapist





## The People's Pope

**Born:** Jorge Mario Bergoglio · 17 December 1936 · **Buenos Aires, Argentina**

**Died:** 21 April 2025 (aged 88) · **Domus Sanctae Marthae, Vatican City.**

*“Rest In Peace”*



## Habemus Papam: “We have a Pope”

American-born Cardinal Robert Francis Prevost has been chosen by the conclave to be the next pope, 2025.

Leo XIV is the first pope to have been born in the United States. He is also a citizen of Peru, where he spent much of his life.

He was ordained cardinal by the late Pope Francis in 2023.

**God Bless you, Pope Leo XIV.**



*Residents' birthday parties are celebrated in each village monthly, V2 (Dulwich Hill) at the beginning of the month and V1 (Marrickville) at the end of the month.*

*Residents' birthday cake is freshly made here in the village by the corresponding cooks.*

*Families are welcome to bring their own cake and celebrate their loved ones' birthdays on the day they occur. Please note, following our infection control protocols, cakes brought from shops must NOT be shared with our residents.*

**Please Note:** Due to NO Photo consent, we cannot display everyone's pictures via this avenue.

## **General Knowledge Section:**

### **“Did You KNOW”**

**MAY**

**Did You know the month of May, was named after the Roman Goddess Maia, who oversaw the growth of plants.**

**June**

**Did you know June’s name comes from the Roman Goddess Juno, protector of women and marriage.**

### **Quotes of Inspiration:**

**Laughter is timeless, imagination has no age, and dreams are forever.**

**-Walt Disney.**

**You are never too old to set another goal or to dream a new dream.**

**-C.S. Lewis.**

**I know that I am intelligent because I know that I know NOTHING!**

**-Socrates.**

### **Laughter the best medicine:**

**-My wife and I always compromise. I admit I am wrong, and she agrees!**

**-Do you know why birds sing in the morning? Because they don’t have to go to work!**

Mother's Day - Italian Day - and Men's Group V1 & V2





**Our staff recently attended a comprehensive wound management education session hosted by Clinical Nurse Specialist Abegail Madamba from Sydney Local Health District (SLHD). The session focused on best practices in wound care, including assessment techniques, dressing selection, infection prevention, and chronic wound management.**

**This opportunity enhances our staff's knowledge and skills, ensuring we continue to deliver evidence-based, high-quality care to our residents. We thank SLHD for their valuable expertise and ongoing support in professional development.**



## POEM

### “Winter”

Oh winter, you are so cold,  
On your cold winter morning,  
A warm mug of Hot chocolate will be nice.

Oh winter and your long winter nights,  
When kids Young and Old,  
Bundle up for a wonderful snowball fight.

Created by Farid A.

## Inspirational Quote



# Exercise with Innovations V1 & V2



## Here are some of the services we provide to our Residents

### Library Services:



- ★ Marrickville Mobile library provides books and reading material for our residents on a monthly basis. Residents must be registered with the library.

### Hairdresser:



- ★ Our hairdresser Alice visits each village every 6 weeks on two consecutive days from 9am to 5pm..
- ★ In V1 Marrickville she is located in the Quiet Area.
- ★ In V2 Dulwich Hill she is located in the L1 lounge room (the first day) and in the Ground Floor lounge room (On her second day).

### Bus Outings:

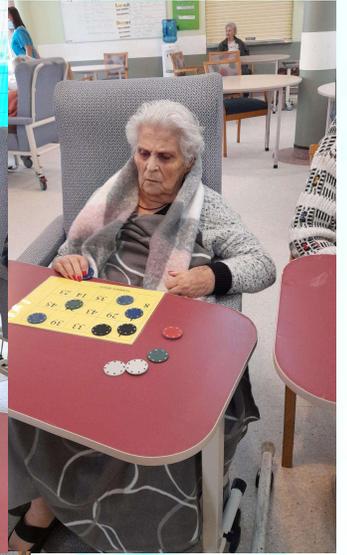


- ★ Bus outing will be carried out as per residents requests and if the weather allows. Outings frequency usually decreases during winter due to the cold weather. Venues are chosen according to parking, picnic and toileting availability & accessibility.

### Cultural celebrations and its importance:



- ★ Celebrating cultural diversity in our facility is not just a nice gesture-it's essential for creating a caring, respectful, and enriching environment for all residents and staff. It helps ensure that every person feels seen, heard, and valued, regardless of their background.
- ★ **Example of Activities:** Traditional music or dance events, celebrating holidays of different countries, birthday celebrations, religious festivities, traditional foods, etc.





## New Age Care Reform & Regulation Model will begin November 2025

### We have entered a New Era in Aged Care & We are READY for the Transition!

#### The aged care reforms in 2025 will include several significant changes:

- **New Aged Care Act:** A new Aged Care Act will be introduced on 1 November 2025, which will set out how the aged care system operates and prioritize the rights of the older people.
- **Quality Standards & Regulatory Model:** Strengthened Aged Care Quality Standards and new Regulatory Model will be implemented alongside the new Act.
- **Wage Reforms:** There will be a wage increase for aged care workers and nurses, aimed at improving the workforce conditions.
- **Increase Government Funding:** The government will provide additional funding for residential aged care accommodation to enhance services.

These reforms are part of a broader effort to improve the quality and accessibility of aged care services in Australia

In our recent Staff Compulsory meeting 16/04/2025 Sister Elham our CEO highlighted the shift from the previous Accreditation model to a Registration model, meaning aged care providers will now be subject to more frequent and detailed evaluations.

The focus will extend beyond providers and include individual workers, who will be expected to meet specific training and compliance requirements.

Audits will now be data-driven, based on identified risks, complaints, and quality indicators.

Our facility is already working to prepare for these changes. Policies are being reviewed and updated and education sessions have started and will be on-going for all staff to ensure everyone understands the new expectations and responsibilities under these new reforms.

FLU VACCINE IS HIGHLY RECOMMENDED for all staff working at the Village for the protection of our residents and all stakeholders. Staff Flu vaccine administration was provided free of charge to the staff and completed on 29/04/2025.

# Building Update

We wish to inform you that scheduled maintenance works to the heritage boundary wall at the Maronite Sisters of the Holy Family Village will be commencing July 21<sup>st</sup>, 2025.

These works are important to ensure the long-term presentation of the heritage wall which forms part of the Village's boundary.

Key details of the works are as follows:

- **Commencement Date:** Monday, 21 July 2025
- **Duration:** Approximately 2 months
- **Working Hours:** Monday to Friday: 7:00am to 6:00pm and Saturday: 8:00am to 1:00pm in accordance with Inner West Council Heritage Exemption Certificate.

Key Considerations for Residents and Families:

- **Resident Safety:** The safety of our residents remains our top priority. All gates around the work area will remain secured and supervised at all times when in use.
- **Restricted Access:** There will be no access permitted to the construction area by residents, visitors, or unauthorised staff this will be secured by use of temporary construction fencing and signage.
- **Emergency Access:** Ambulance access to the facility will be maintained at all times.
- **Noise & Disruption:** While some construction noise is expected, we have requested that noisy activities be minimised where possible, particularly during sensitive times.
- **Contractor Conduct:** The contractor, Rogers Construction Group, has committed to strict site conduct policies and protocols for the delivery of these works. There will also be no access permitted by the contractor or their subcontractors to within the buildings.

