HOPE
Is seeing light
in spite
of being
surrounded
by darkness.



## Editor's Note

I invite everyone to embrace this powerful word "HOPE",
So that together, we might radiate boundless LOVE and FAITH
towards the entire world to find PEACE.

Here we are again at the end of another year. During the past few months, we have continued with our regular activities such as Bingo, Beauty Care, Music for Appreciation, Ball Games and much more. We have also reintroduced outdoor activities for the residents to enjoy this wonderful Australian weather and welcomed back some of our community volunteers and church visitors that were absent, due to the COVID pandemic.

All activities are carried out taking into consideration residents, past and present personal choices.

Thank you for your continuous support.

I would like to leave you with special Christmas Cheers of Love, Hope and Faith. May God bless you and protect you always.

Stay Safe and Healthy

Raquel Podesta
(Diversional Therapist)





# Lebanese Independence Day November 22

#### What do Lebanese people celebrate on the 22nd of November each year?

They celebrate the Lebanese Independence Day, observed on November 22, 1943. In Lebanon it is a national holiday that commemorates the country's emancipation from the French Mandate over the Lebanese territory for almost 23 years.

#### What traditions does Lebanon have?

The Lebanese people take pride in their hospitality. It is considered an honour to host guests, therefore invitations to attend dinner or events at Lebanese homes are often offered guite early on in friendships.

#### **Most Interesting Facts about Lebanon**

- The country's name is known to be the oldest in the world and has remained unchanged for over 4000 years.
- According to Christianity, Jesus Christ made his 1st miracle in Lebanon, in Sidon (The miracle of turning water into wine)

## Some Delicious Lebanese Foods You Need to Try!

Kafta Kanafeh Hummus Sfeeha

KNAFEH

Rice Pilaf Fattoush Manakish Tabbouleh

Tabbouleh



## The Good News Of Christmas

The good news of Christmas is that even when the world or our circumstances change, the message of Christmas is timeless.

This is because Christmas is about the Birth of God's son - JESUS.

It is about how he came to give us Love, Hope, and Joy.

This message does not change from year to year. This message is everlasting.

Christmas is also a religious and cultural celebration. The true meaning of Christmas is to remember the birth of Christ. It is a reminder that our true nature is one of PEACE and HARMONY and to practise Goodwill to all men not only at Christmas but throughout the entire year.

May God bless you all this Christmas and May God grant Us
PEACE and an END to War.

# **Merry Christmas**

From Residents, Staff and Management Village one (V1)



## V2 Residents, Staff & Management

Wish you all a Merry Christmas and a Happy New Year











# "Sydney Harbour Boat Cruise" V1 & V2 Staff Christmas Party 2023















To all our wonderful staff for your continuous hard work, for the care and passion that you bring each day to care for our elderly residents. You are a pillar of support to our residents and your team, and we are extremely grateful for the work you do each day,

Your support and efforts have been noted.

May God bless you always.

Maronite Sisters of the Holy family

Management.

## **Staff Christmas Party 2023**

Special Award Presentation for staff members working at the Maronite
Sisters of the Holy Family Village

"For over 10 Years of Service V1 & V2"























Our most sincere and deepest appreciation to the Marrickville Inner West Mobile library service, the Australian Coptic Heritage and Community Services, the Greek Welfare Community Volunteer Scheme.

We thank you for the tireless hours you put towards our community and our elderly.

THANK YOU for your ongoing support and collaboration to the happiness and wellbeing of our residents.

We stand in recognition of your dedication, from Residents, Staff members and Management from The Maronite Sisters of the Holy Family.

## Village 1 Redevelopment - New Aged Care Centre

December 2023

The architects have completed the Design Development stage with the general arrangement of spaces resolved to meet operational needs and meeting aged care design guidelines.

Due to the project size and type (Aged Care), the head approval authority is not the local council but NSW Dept of Planning & Environment. Although they will engage with the Inner West Council for comment on a number of elements of the proposed development proposal.

A Pre-DA meeting is planned for late January 2024 with NSW Dept of Planning & Environment for their review and comment of our design and how it relates to the current planning controls. This review and comment will then set the framework for preparing the full Development Application.

Following this meeting we envisage holding information sessions for residents, their families, staff and ultimately the local community. All participants at these community engagement sessions will be encouraged to provide comments on the proposed development.

The following is a Sectional Perspective through the middle of the building developed by the architects, which illustrates the general scale of the vertical aged care building proposed.



The central courtyard split between levels to maximise resident access and open space above are an inportant feature to allow natural light for the residents rooms and shared spaces in each 'House'.

## Following is some artistic images of this space:



Regards ..... Phillip Ryan (Property Development Manager - The Maronite Sisters of the Holy Family Village)

## **Words of Reflection**

Use your smile to change the world, BUT don't let this world, Change your smile.

I am in charge of how I feel. And today I'm choosing happiness!

Life isn't perfect, BUT it has perfect moments.

Spend the day appreciating every little thing that comes your way,

And then you'll end the day feeling deeply grateful for your LIFE.

A good life is a collection of Happy Moments

Life is an echo. What you send out, comes back to you.

The past is behind, learn from it.
The future is ahead, prepare for it.
The present is here, live it wisely.