

Editor's Note

Welcome to another edition of our newsletter. Thank you for your ongoing support and for everything you do for us and especially for your loved ones.

Spring is here and we like to remind you that it is time to update residents' wardrobes to be ready for the warmer months ahead.

We will be re-introducing outdoor activities for residents to enjoy and as requested by residents in a recent survey, BUS outings will also be back in our activity program.

Stay safe and healthy.

With God's blessings.

Raquel Podesta (D.T.)

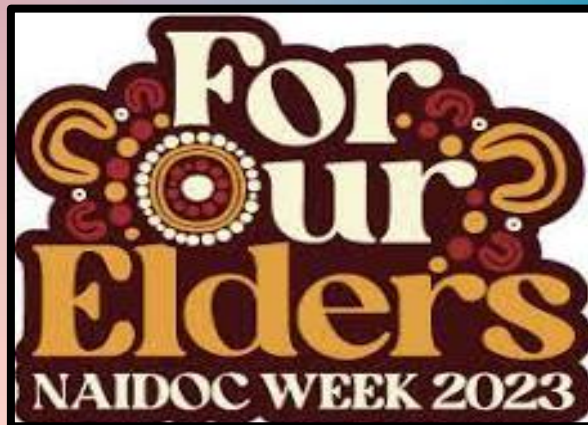
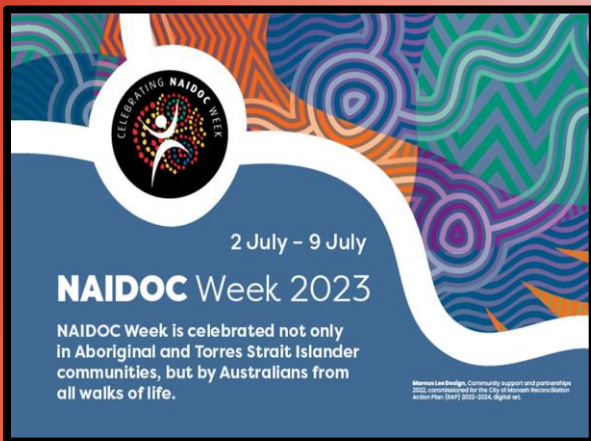
HAPPY BIRTHDAY

To an Amazing Woman

Sr Elham is an amazing woman, she holds incredible strength, always embraces goodness, and understands everyone with defined grace. She has learned to walk with humility in this world, she exudes confidence in everything she does. She has a passionate purpose in her religious and personal life that allows her to be successful at all levels, and most of all she is a trusted friend, a brave religious leader, and a role model to us all.

Happy Birthday to our Dearest Sr Elham





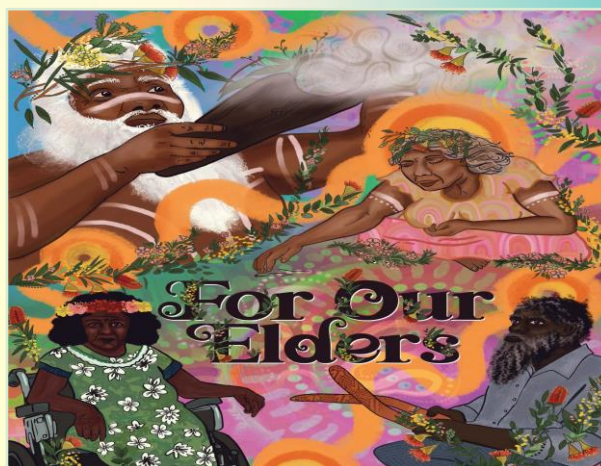
July 2 to July 9, 2023

The theme for 2023 is “For Our Elders” and aims to recognise the role elders have played and continue to play in indigenous communities and families.

The NAIDOC Week Awards Ceremony recognises the outstanding contributions that indigenous Australians make to improve the lives of people in their communities.

What does NAIDOC stand for:

“**N**ational **A**borigines and **I**slanders **D**ay **O**bservance **C**ommittee” occurs annually in JULY, and celebrates the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in indigenous communities, but by Australians all over the country and overseas.



Senior Citizens Day August 21st, 2023

The day was celebrated with a light morning tea with delicious finger foods prepared by our cooks and a beautifully decorated cake.

Sr Madeleine offered a special prayer for the occasion.



Resident Profile V1

Mr Youssef El Boustani

Youssef was born in Lebanon, and immigrated to Australia when he was 30 years old.
He completed his primary school in Lebanon.

Youssef was a farmer in Lebanon and worked in many factories in Australia.

Youssef is of the Maronite Catholic religious belief and continues to attend mass weekly here at
the Maronite Sisters Village.

Youssef likes to watch rugby and news on Arabic TV, his favourite hobby is gardening. He likes
to spend most of the time in the garden that was allocated to him here in Marrickville, he
takes great care, especially looking after flowers.

In his spare time, he likes to attend church and play cards with friends. His passion is the
outdoors.

GOD Bless Him



Resident Profile Village 2

Mr. Hamid KANDALRAFT

Hamid was born in Zgharta North of Lebanon

His mother's name was Wadadd and father Boutros (Peter). He is one of 5 brothers and 2 sisters. Upon completion of his primary schooling, Hamid worked in a dress making shop where he learned to sew, cut, and design clothes for women.

At the age of 23 years, Hamid immigrated to Australia and soon after married his 'beautiful' wife Olga. Together they had four children, 3 girls and one boy. Hamid explained with deepest emotion that he is very proud of his wonderful children and the families they have created.

In 1964, Hamid worked tirelessly on establishing The Association of Zgharta (Youssef Bey Karam Batal Lebnan) in Sydney,

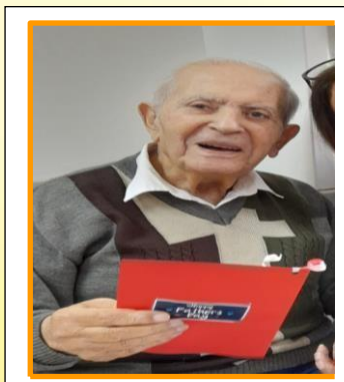
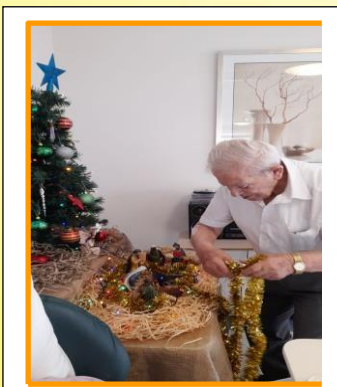
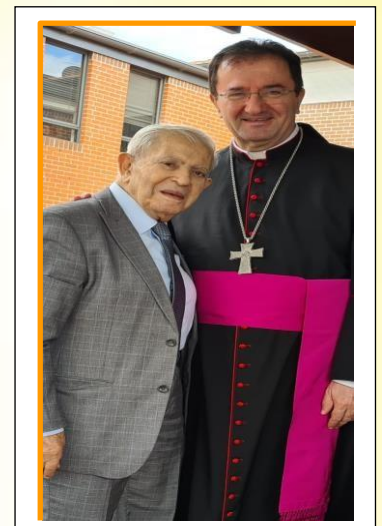
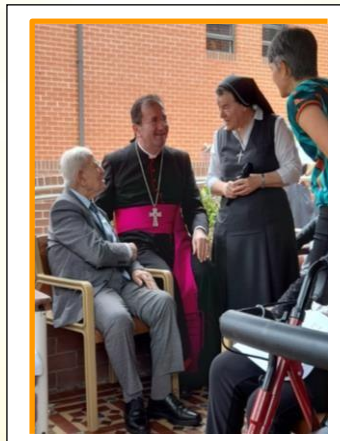
Back in Lebanon he used to play soccer in his spare time on weekends with friends, and occasionally a game of table tennis.

Hamid liked dancing and had a great time practicing, he explained that before he was married, he learned French dancing. After being married, he danced Tango, and Chacha with his wife Olga as that was something that she thoroughly enjoyed.

Hamid is very proud of his Lebanese heritage and explained that he had the fortune of travelling with his family throughout this beautiful country of Lebanon. He also visited Dubai a couple of times.

Hamid is currently residing at The Maronite Sisters Village of the Holy Family in Dulwich Hill NSW; he is enjoying his life with his newfound friends with a peace of mind knowing he has left a wonderful legacy for his family.

GOD Bless Him.



Residents Engaged in Activities of Personal Choice Village 2

Woodwork



Doll Therapy



Grooming/Hairdresser



Table Games



Residents V1 & V2 Enjoying a Day in the Garden



WELCOME BACK

Mother General of The Maronite Sisters

Sydney Visit September 2023



Mother General Sr Marie-Antoinette Saade

Spirit of the Congregation

The congregation of the Maronite Patriarchal Rite, was founded 'for the glory of GOD and the salvation of souls,' and for service to the Church and the betterment of society.

In addition to prayer and personal sanctification the Sisters pronounce simple vows of chastity, poverty, and obedience. It is through these vows the Sisters aim to live a life of 'lasting union with God'

Through prayer and work, prophetic vision, and charism.



Happy Birthday

Sr Louise and Sr Laure





Bus Outings:

Bus Outings will be back again after winter. Residents are eager to go out and enjoy the scenery.

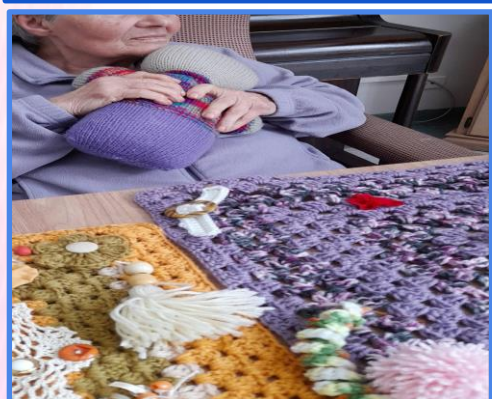
However, the main benefits and purpose of our bus outings is to provide residents with social interactions and community participation. This is crucial for maintaining a healthy mental state, as social isolation can lead to loneliness and depression.

Volunteers:

Currently a group of ladies from a local church have volunteered to provide us with crochet memory mats, knitted toys etc, to keep our dementia residents busy and engaged.

The aim of these items is to provide our dementia residents enjoyment, as well as increased levels of concentration and the ability to focus. As well as the ability to recall past experiences and happy memories. In turn, it improves their mood, self-esteem, and overall well-being. The items have proven to promote more participation in social activities of choice, whilst being in the company of friends.

“THANK YOU, to Robyn Jones and Friends,”



Village 1 Redevelopment - New Aged Care Centre

September 2023

The second phase of Design Development has commenced with the architects developing more detailed floor plans. The buildings 'design brief' is also being developed through several design meetings with Sr Elham, Sr Clara and Sr Louise and the Advisory Board members.

The buildings design brief and operational relationships are all being considered by the architects.

The CGI Aerial image below illustrates how the proposed building is positioned between the existing trees around the site's boundary.



An arborist has completed a detailed survey to determine the extent of the trees likely root systems and extent of proposed development. Many of trees may be close to 100 years old.

The current design provides six self-contained 'houses', with between 15-22 residents per household giving a total of around 100 residents.

Each 'house' has its own Living Room, Dining Room, Servery Kitchen and necessary support spaces plus single resident rooms with their own ensuites.

Where possible Back of House (BOH) support areas and service corridors are separate and not shared with the public, resident, or family areas.

The buildings appearance is also starting to emerge. Following is an early image developed by the architects of the front entry foyer and chapel.



In the next stage of Design Development, a number of specialist services engineers will be commissioned to review the design and provide advice on the required spaces for Plant Rooms, Service Ducts, Distribution Boards, etc.

**Regards Phillip Ryan
Property Development Manager - The Maronite Sisters of the Holy Family Village**

2023 Australian
Indigenous Voice
Referendum

Coming up...
14th October
Referendum 2023

Referendum FAQs

The 2023 Australian Indigenous Voice referendum will ask voters to approve an alteration to the Australian Constitution, creating a body called the Aboriginal and Torres Strait Islander Voice that "may make representations to the Parliament and the Executive Government on matters relating to Aboriginal and Torres Strait Islander peoples.

When it will be held:

The referendum, prepared by the National Indigenous Australians Agency and conducted by the Australian Electoral Commission.; It Must occur between 16 September 2023 and 16 December 2023.

Prime Minister Anthony Albanese has indicated that the referendum will be held October 14th, 2023. Under Australian law, all elections or referendums must be held on a Saturday and must occur between two and six months after the relevant Bill passed both chambers of parliament, which was 19 June 2023.

Is the referendum compulsory in Australia 2023?

Yes. It is compulsory by law for all eligible Australian citizens aged 18 and over to enrol and vote in referendums and federal elections. If you are already on the electoral roll for federal elections, you DO NOT need to enrol again to vote in a referendum.

