



## ***Editor's Note***

*July/August/September Issue No. 75*

***Welcome to another Edition of our newsletter, winter is almost over and as we welcome spring, we would like to invite you to come in and check residents' cupboards and wardrobes to ensure they have adequate clothes for the changing of weather.***

***With the warmer days ahead, we will be creating more outdoor activities, some of them will include gardening, painting out in the fresh air, bus outings, pet therapy and many more.***

***We encourage all families and carers to bring forth any ideas or suggestions that will enhance residents' leisure and lifestyle activities.***

***“Stay safe and happy”***

***Raquel Podesta  
(Diversional Therapist)***

# ***Welcome Back Dearest Sister Elham***





# V1 Daily Activities

Doll Therapy, Table Ball Game, Table Quoits, Floor Games



FUN GAMES

# *Residents Engaging in Daily Fun Activities of their Choice*

## **Mandala Art Painting/Colouring Benefits:**

We use it to decrease tension and anxiety, can also be used as a stress reliever tool, to help increase focus and to allow relaxation. It encourages the participant's creativity and self-expression...above all it is a FUN pass time for our residents!

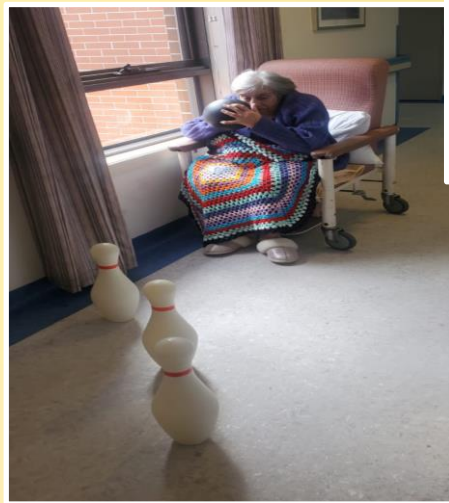
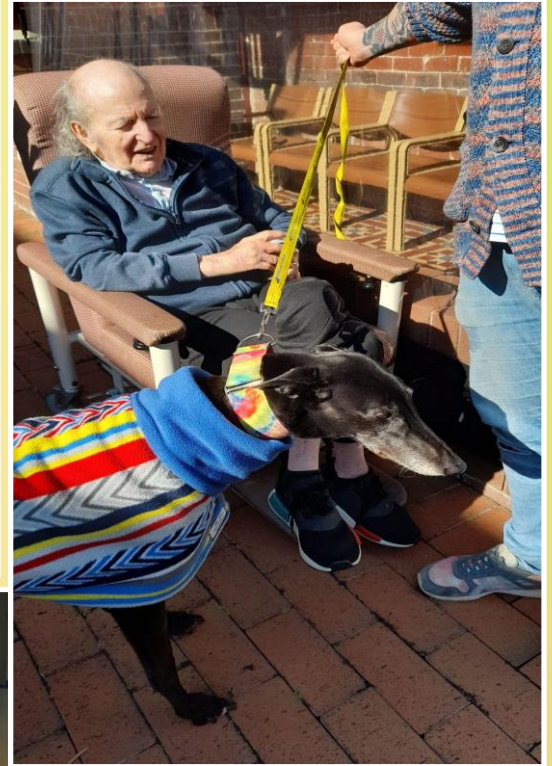
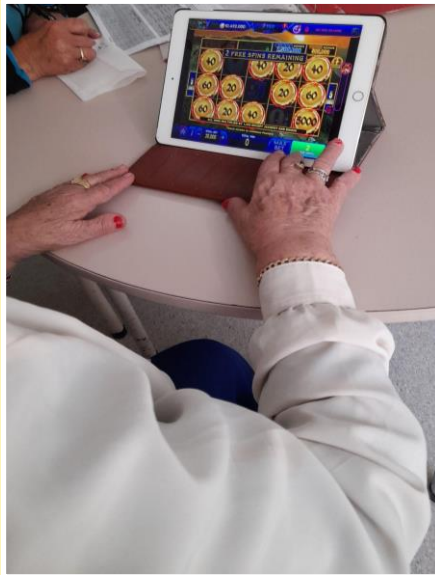
## **Flower Art Design:**

We use it to maintain and enhance fine motor skills, as a sensory tool, for colour recognition, to nurture creativity, it builds self-esteem and assist residents in creating childhood memories. Overall, we find it to be an excellent mentally and socially stimulating activity!



# Residents Enjoying Their Favourite Pass Times

*iPad Games ; Pet Therapy with Family; Ten Pin Bowling with Friends*



COME PLAY!  
FUN GAMES



# Happy Father's Day

## 2024

### V1 & V2





*Welcome Back  
and  
Happy Birthday  
to Sr Louise*



# Quality on Clinical

**Vaccine Storage & Cold Chain Management** - Management has made significant steps in improving the cold chain breach process, ensuring that vaccines remain effective in the event of power outages or fridge malfunctions. Our updated policy now meets the required standards, ensuring safe vaccine administration. Staff also educated to be ready and prepared.



**Dental Visit-** The facility welcomed a visit from the SLHD-CERA Oral Health team in July 2024, where residents who consented received thorough oral health checks. Follow-up treatments were conducted on 25 and 26 September at the Dulwich Hill site and on 2 and 3 October at the Marrickville site. The team was impressed by the high standard of oral hygiene provided and praised the support and organisation during the visit. A therapy dog was also present, offering comfort to residents during their treatments.

2. **What would you like to tell us?**

Compliment  Suggestion  Complaint  Concern

The dental team attended for the first time on site, WED + Thurs 25 + 26 Sept. We had full assistance from Sr Rouda, asking us if there was anything we needed, several times a day. We were never waiting (long) for patients/residents to be brought. Staff are attentive & when we required behaviour assistance, this was provided promptly.

3. **Have you discussed your matter with management?** Yes  No

Sr Rouda was praised for efforts.

4. **What would you like to happen?**

Feed back to all staff & continue



**Physiotherapy** - We are pleased to inform you that the facility has decided to increase the physiotherapy hours provided to our residents. We have appointed a new physiotherapy company - Seniorcare to ensure better follow-up and care.

A physiotherapist from Seniorcare will be visiting the facility every **Tuesday and Thursday from 9:00 AM to 2:00 PM in V1** and **Monday and Wednesday from 9:00 AM to 2:00 PM in V2** to support our residents with exercises aimed at improving their strength, mobility, and overall well-being. They will also be assessing and continuously reviewing our residents' needs and providing education to staff accordingly.

**Vaccinations** - The facility was also praised for its diligent follow-up on resident vaccinations, ensuring timely administration. SLHD has adopted our facility's consent form as a model for other aged care facilities due to its comprehensive nature. Additionally, our facility was invited to be a guest speaker to share insights about these clinical improvements.



# Human Resources

Maronite Sisters of the Holy Family Village always ensure we have a team that is sufficient, skilled and qualified to provide safe, respectful and quality care and services

We advertise on various platforms to ensure we reach a range of people with the right blend of skills, delivering care and services at any time.

**Additional Shifts** – As part of Regularly reviewing workforce levels and in response to the increase in residents' needs and to ensure the high level of care and services is always maintained, the Village decided to add a third Night Shift Personal Care Worker (PCW) as well as increasing staff hours and additional shift in the afternoon for PCW- Medication.

**Education & Training** - As well as face to face education by our Director of Nursing, Care Manager and RNs and a number of external educators booked in on a regular basis – we are also lucky to have so many resources available online to allow us to stay up to date with the best practises and knowledge of Aged Care requirements.

Our staff have been vigilant in completing the Hand Hygiene Australia online education as well as the Dementia Training Australia 'Understanding Changed Behaviour'



**Staff Compulsory Meeting** – was held 19th of September 2024 to discuss:

- Roster and additional shifts
- Leave requests and entitlements
- Clinical care information
- Updates on Aged Care reform, policy, and procedure



# Village 1 Redevelopment

## New Aged Care Centre

A Zoom meeting was held regarding the redevelopment of Village 1, which included participation from Jackson Teece Architect Company and a total of 39 consultants. During this meeting, we discussed the critical timeline for collecting and compiling reports. It was emphasised that all reports must be submitted by the 14<sup>th</sup> of October 2024 to ensure we meet our deadline for submitting the necessary documentation for SSDA by 14<sup>th</sup> of November 2024. This collaborative effort aims to ensure that every aspect of the project is thoroughly addressed and that we remain on schedule for a successful submission.



*Picture Clockwise: Sr Elham Geagea (CEO), Shirley Lattouf (Architect) John Gow (Architect) Annabel Lantin (Finance Manager), Sr Clara Ishak (EM), Brian Lennox of UFD (Kitchen and Laundry Consultant)*

# WATCH FOR WANDERING



## Residents

### *Family Reminder*

*Always Look Back Before Leaving Our Premises*

*V1 Marrickville (Main ENTRANCE Gate) and V2 Dulwich Hill (Entrance FOYER and Street GATES)*

*Keeping our Residents Safe*



*"Is EVERYONE'S responsibility"*

*Thank You for your Cooperation*