

Editor's Note

Hi everyone and welcome to another edition of our newsletter.

I hope you continue to enjoy reading the contents of our newsletter as it is intended to update you on current events,

celebrations, newly introduced activities,

as well as offering information of value

to you and your loved ones,

And much, much more.

I would like to take this opportunity and invite all our readers to feel free to provide us with feedback on

how we can improve the contents

or to give your suggestions for future topics of interest.

Until we meet again, stay safe and happy.

Raquel Podesta

(Diversional Therapist)

Congratulations

Maronite Sisters Accreditation 2023

9 January to 13 January

Our deepest and most sincere gratitude to all residents, Staff and Families. We are happy to announce our outstanding achievement in having a fantastic score in our recent accreditation Site Audit.

We have MET all the quality standards requirements, with excellence, all areas of care.

Thank you for your Support, Love and Dedication



Australian Government
Aged Care Quality and Safety Commission

“Summary of the Site Audit Report”

Date of the Audit: 9 January 2023 to 13 January 2023

Introduction:

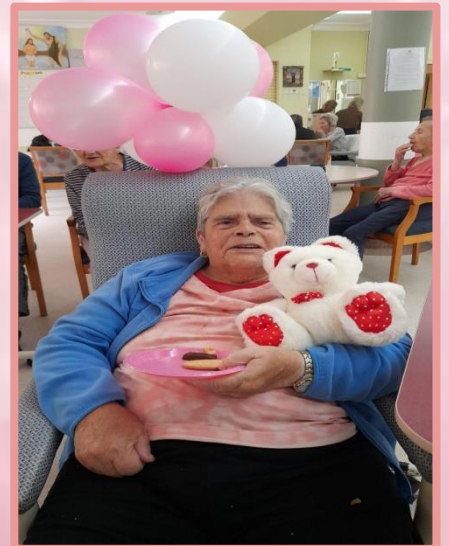
The assessment was conducted to assess the quality of care and services provided through our service against the Age Care Quality Standards.

Summary of findings:

The assessment team identified the service has a robust feedback and complaint system and that the service actively strives to reach out to consumers, representatives, and staff to find ways of improving the care and services provided to our consumers (Residents).

*In conclusion all The Quality standards were assessed, and we are proud to announce that the Maronite Sisters Villages have **Met all requirements** of the Quality Standards*

CONGRATULATIONS





Sr Elham Geagea CEO

Feedback from the Blessing of the Statue's celebration, which took place in V2 on Wednesday 22 March 2023.

Attendees were:

His Excellency Bishop Antoine- Charbel Tarabay, Monsignor Marcelino Vicar General, Father Maroun Councillor of Maronite Lebanese Missionaries, Ms Justine Langford Councillor of Inner West Council, Mr Anwar Harb from Al Nahar Media, Fathers and Sisters, Members of the Advisory Board, Dignitaries, Residents, Families, and our beautiful and beloved staff.

The feedback received from everyone who attended was very positive, firstly with residents and visitors commenting on the excellent organisation of the event.

The program was run smoothly, and everyone felt excited and emotional to join in this momentous occasion.

One resident summed up the event by simply saying "That was a good and real celebration, because everyone come together as One Family".

Finally, on behalf of the entire management team we would like to extend to everyone who attended the event, our most sincere and deepest appreciation for your participation and for celebrating with us this special occasion.

May the Holy Family extend its blessings to you and your families.

Sr Elham Geagea

CEO

Blessing of the Holy Family Statue V2
Ceremony was held on the grounds of V2 on
Wednesday 22 March 2023





NSW State Election

Saturday, 25 March 2023

Election of the 58th Parliament of NSW

Here at the Maronite Sisters

Village 1 & 2

Registered residents voted via Postal Votes



NOTE:

To find more information about your future voting options and to check your eligibility, please visit the NSW Electoral Commission's website at elections.nsw.gov.au

Why do the Maronites start Lent on Monday?

The Maronite Lenten season begins with the “Entrance into Great Lent” on Cana Sunday. The Maronite Church adopted Ash Monday later, from the Latin Church. Considering that Great Lent starts on Sunday.

Remember that
you are dust



And to dust you
shall return

How do Maronites celebrate Lent?

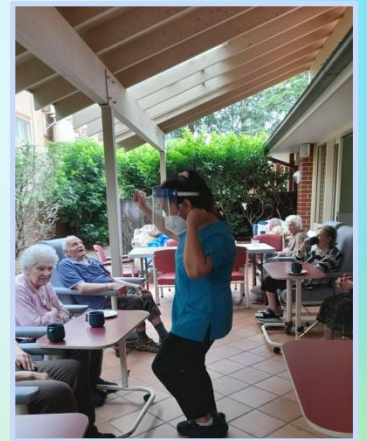
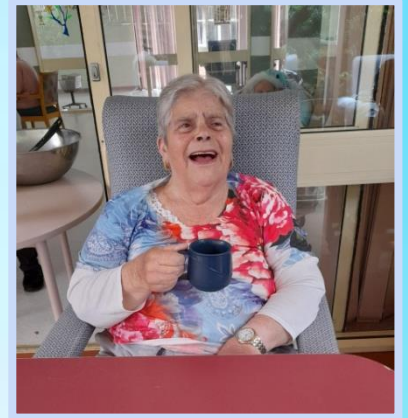
Typically, in Lebanon, Catholics follow the recommendations of their respective rites regarding their fast for Lent. The Maronite Church, for example, asks for **fasting daily from midnight until 12 noon, and abstinence from meat and dairy products for those in good health.**

Fasting is that we **eat no food and drink other than water, between midnight and noon.** “Abstinence” is excluding a certain type of food and drink from our diet between midnight and midnight (that is, for 24 hours), leaving us free to consume other foods and drinks.

Pancake Day In V1 Patio With Music and Dance



The need to get rid of foods restricted during Lent, such as sugar and leavened flour, resulted in Shrove Tuesday also becoming known as **Pancake Day**.



Fun, Games & Exercises in V2





Did you know that it's safe to get your COVID-19 booster and influenza vaccine at the same time?

For extra information please go to [health.gov.au](https://www.health.gov.au) or speak to your doctor or participating pharmacy for more information.



Raj Nepal, our accountant, would like to invite all staff to join Salary packaging. Salary packaging with “Advantage”; also known as salary sacrifice-meaning allocating a portion of your salary to pay certain expenses before tax is calculated. So, on pay day you pay less tax & have more money for things that are important to you. For more information please do not hesitate to contact Raj on accounts@maronitevillage.com.au.

This is an easy way to boost your income, so why not apply today and you'll soon be enjoying the benefits.

Village 1 Redevelopment – New Aged Care Centre

The proposed redevelopment of Village 1 has begun with the concept design process and the engagement of the architectural group, Jackson Teece.

Over the last few years, the Maronite Sisters have been investigating a number of options to refurbish and modernize the building to meet current aged care practices. Including, creating single resident bedrooms, separate bathrooms, and additional communal spaces.

However preliminary design studies to alter and add to the existing building revealed many compromises and limitations that didn't meet expectations for the resulting facility.

So the decision was made to rebuild Village 1 with a completely new development. With the additional challenge proposed to the design team to investigate whether the new facility could combine both Village 1 & 2 residents in the one aged care precinct.

Concurrently there has been a Royal Commission into the Aged Care sector, which released findings that set out proposed design guidelines for all new aged care facilities and a new planning model often referred to as the 'Small House Model'.

Essentially in this model the aged care building is broken up into separate houses of 6-17 Residents. Each house has its own Living Rm, Dining Rm, Kitchen/Serveries, and other communal spaces, with shared 'Back of House' support and staff spaces with adjacent houses. This is not a new concept and has proven to be good for infection control and good dementia design.

The existing building layout was also not conducive to applying these new design guidelines.

A project of this type and size is an intricate design undertaking and equally complex in achieving authority approvals. Construction is not expected to commence for another 2+ years.

As the design develops, we will provide regular updates and at times undertake community meetings with staff, residents, and family members to allow comment and discussion on the proposed redevelopment.

Regards,

Phillip Ryan

(Property Development Manager – The Maronite Sisters of the Holy Family)



The Maronite Sisters of the Holy Family Village