

Editor's Note

April May June

Welcome to another edition of our Newsletter.

The months are passing by like a flash.

Winter is here and with that in mind we would like to invite all families, NOK and carers to clean residents' cupboards to prepare them for these cold winter months ahead.

We would also like to extend our deepest appreciation to all residents and families who took part in the recent "Resident's Experience Survey" (formerly known as the Consumer Experience Interviews) conducted on the 16th and 17th April 2024 in our Villages.

The survey is organised annually by the Australian Government and Department of Health and Aged Care.

The aim of the survey is to enable aged care residents to tell the government about the quality of their care while living in a residential aged care facility.

Sending you well wishes; stay safe and happy.

Warm Regards,

Raquel Podesta (Diversional Therapist)

Happy Mother's Day 2024

V1 & V2

Friday 10th May 2024




Because of you, I am the
Happy Mother's Day!

**Mother's Day Program
Village 1**

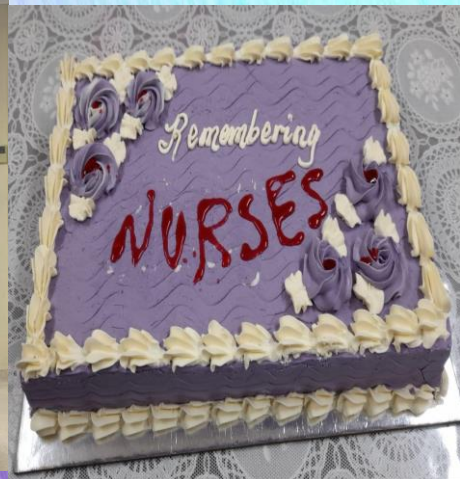
Friday 10th May 2024

Time: 1:30PM
Activity: Happy Hour and
Cutting of the cake
Venue: Activity area

Come along and enjoy this special Celebration of Love.



Nurses International Day VI & V2 2024



“General Knowledge”

May is a month devoted to the Blessed Virgin Mary



Why we celebrate May as the Month of Mary

For more than 300 years, Catholics have designated May to be the month of Mary, a special time to pay homage to the mother of Jesus for her gift to the world. The tradition developed out of customs dating back to medieval times, when May was a time of devotions honouring the cross and the new life it brings.

Each May, one special day is devoted to mothers everywhere for having given their children the gift of life. But for the mother who gave life to Jesus, the entire month is set aside in her honour.

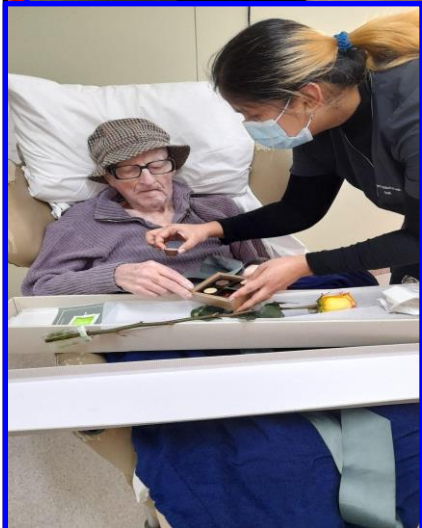
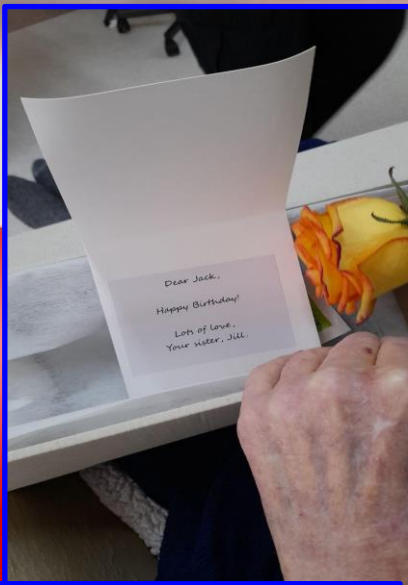


Why we celebrate the Sacred Heart of Jesus in June

June is known as the month of the Sacred Heart of Jesus most simply because the solemnity of the Sacred Heart is celebrated during this month. This year 2024, the solemnity was the 7th of June. The date changes each year because it is celebrated on the Friday after the Corpus Christi octave, or the Friday after the second Sunday after the Pentecost.

- ❖ It commemorates the Love of Jesus for humanity.
- ❖ It symbolises Jesus' divine and human Love.
- ❖ It represents the interior life of Jesus and his willingness to sacrifice for us.
- ❖ It focuses our hearts on receiving and returning His Love.

Happy Birthday



V2 Residents Activities

Enjoying the Day With Activities of their Choice:
Reading - Prayers/Sightseeing - Painting - Beauty
Care -
Coffee Hub



NAILS



V1 Residents Activities

Enjoying the Day with Activities of their Choice:

Browsing Through Family Photos - Ball Games - Table Games out in the
Patio - Giant Puzzles





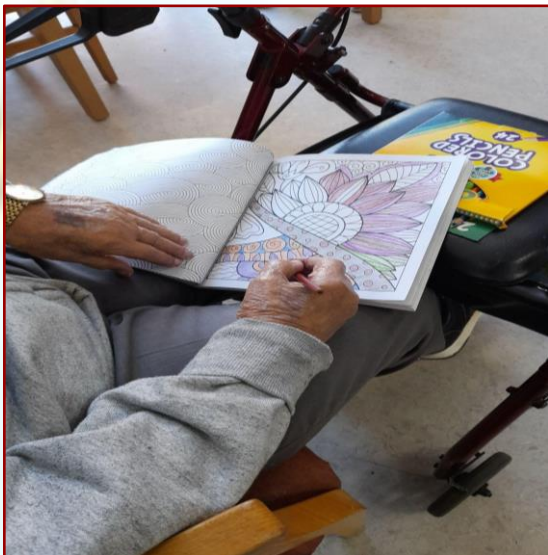
Mandala Art Therapy at Maronite Sisters Village

Here at Maronite Sisters Village, we have recently introduced a new method of engaging our residents through Mandala Art.

Traditionally, a Mandala is a geometric design or pattern that represents the cosmos. It is all about finding peace in the symmetry of the design and or drawing. Furthermore, Mandala's are artistic representations of a perfect Universe.

Benefits of the Mandala Art method:

It increases focus, concentration, and may reduce anxiety and depression. It can also be an inherent process of meditation if so desired.



Individuals can immerse themselves in a state of mindfulness.

Our participating residents have also experienced happiness, it provides them with a sense of peace and accomplishment seeing the end product and the reaction they received from others who admire their work of ART. Some also use it as a means of passing the time.

It's an activity that can be done anywhere, individually or in a group of people. According to the residents the outcome is always the same, it brings them happiness and it provides them with hours of Fun.



Employee Profile

Annabel Lantin - Finance Manager



At The Maronite Sisters of the Holy Family Village, we take pride in our Team. Today, we introduce you to Annabel, our Finance Manager whose expertise and leadership have been instrumental in steering our financial strategies

Annabel, a wife and mother of 2 young adults, brings 25 years of experience in finance and accounting to our team. With a solid educational background in accounting, she has consistently demonstrated a deep understanding of financial principles and a knack for problem-solving. She has worked with various companies starting from an Auditing firm, Construction Industry, Global Technology Industry and Vegetation Management company.

Annabel's role extends across various facets of our operations. Ensuring everyone is paid on time and accurate as possible, to meeting the deadlines for various government compliance and reporting, to meticulously managing budgets and forecasts. She plays a crucial role in optimizing our financial performance.

Annabel continues to show dedication to excellence and continuous improvement - We eagerly anticipate her continued impact and leadership in the years to come.

You can reach Annabel in the Accounts office Monday to Friday 9.00am - 5.00pm on (02) 9558 2115 Ext 3 or via email at Accounts@maronitevillage.com.au

Village 1 Redevelopment – New Aged Care Centre

June 2024

All the specialist consultants required to assist in developing the buildings design and support services, and SSDA submission have now been commissioned.

The architects have continued developing the buildings appearance and floor plans. The design will now be finalised after further consultation with the specialist consultants, including kitchen & laundry layouts, structural system and building services.

Detailed site investigations will be undertaken to determine the sites ground conditions, including monitoring for groundwater levels over a few months and testing for contamination.

Because our site is shared with St Maroun's College conditions from the recent Development Approval also affect our development. Principally this relates to the heritage brick boundary wall and stormwater drainage.

Before the end of the year works are likely to begin to stabilize the brick boundary wall, enlarging the entry gates opening and upgrading the sites stormwater infrastructure.

Many of the studies and consultant investigations required for the SSDA will take months to complete. We are targeting to submit our SSDA in November 2024.

**Regards Phillip Ryan
(Property Development Manager – The Maronite Sisters of
the Holy Family Village)**